

Sandwiches

Served on our own sourdough tin bread with vegetable crisps

Salt Beef, Gherkin & Honey Mustard Mayonnaise
553kcal | £9.75

Cheddar, Apple & Damson Chutney
V | 771kcal | £9.75

Chicken, Crispy Streaky Bacon & Mayonnaise
495kcal | £10.50

Cartmel Valley Smoked Salmon, Cream Cheese, Cucumber
625kcal | £10.50

Falafel, Roasted red pepper, Hummus
VE | 560kcal | £9.75

Ham, Smoked Cheddar & Piccalilli
626kcal | £11.00

Tuna Mayonnaise, Sliced red onion & Baby gem
524kcal | £9.75

Add a Mug of Homemade Soup
V | NG* | £3.00

Chips
V | NG* | 225 kcal | £4.75

Allergens? Please advise us if you have any allergens.

If you have any dietary requirements or questions about allergens, please ask a member of our team for help.

| **NG*/NG* Available** – Made without gluten – These dishes have been made with ingredients that do not contain gluten but are made in a kitchen where gluten is present.

DF | Dairy Free, **VE** | Vegan. **V** | Vegetarian.

Government Guidance: An average adult should consume at least 2000 calories a day.